

HEALTH AND WELLBEING BOARD

Minutes of the Meeting held

Tuesday, 21st January, 2020, 10.30 am

Dr Ian Orpen	Member of the Clinical Commissioning Group
Councillor Rob Appleyard (Chair)	Bath and North East Somerset Council
Mike Bowden	Bath and North East Somerset Council
Corinne Edwards	Clinical Commissioning Group
Alex Francis	The Care Forum – Healthwatch
Sara Gallagher	Bath Spa University
Councillor Kevin Guy	Bath and North East Somerset Council
Paul Harris	Curo
Lesley Hutchinson	Bath and North East Somerset Council
Steve Kendall	Avon and Somerset Police
Bruce Laurence	Bath and North East Somerset Council
Will Godfrey	Bath and North East Somerset Council
Kate Morton	Bath Mind
Laurel Penrose	Bath College
Jo Scammell (in place of Kirsty Matthews)	Virgin Care
James Scott	Royal United Hospital Bath NHS Trust
Dr Andrew Smith	BEMS+ (Primary Care)

57 **WELCOME AND INTRODUCTIONS**

The Chair welcomed everyone to the meeting.

58 **EMERGENCY EVACUATION PROCEDURE**

The Chair drew attention to the evacuation procedure as listed on the call to the meeting.

59 **APOLOGIES FOR ABSENCE**

Apologies for absence were received from:

Nicola Hazle – Avon and Wiltshire Partnership
Kirsty Matthews – Virgin Care (Substitute – Jo Scammell)
Stuart Matthews – Avon Fire and Rescue Service
Bernie Morley – University of Bath

60 **DECLARATIONS OF INTEREST**

There were no declarations of interest.

61 **TO ANNOUNCE ANY URGENT BUSINESS AGREED BY THE CHAIR**

There was no urgent business.

62 **PUBLIC QUESTIONS/COMMENTS**

There were no public questions or statements.

63 **MINUTES OF PREVIOUS MEETING - 17 SEPTEMBER 2019**

The minutes of the previous meeting were approved as a correct record and signed by the Chair subject to the following amendment:

Page 2, Minute no. 45 – “Joss Roster” be amended to read “Joss Foster”.

64 **MENTAL HEALTH UPDATE**

The Board received a report asking members to consider opportunities for the Health and Wellbeing Board to further promote positive mental health and wellbeing and to improve local mental health outcomes for people of all ages.

(a) Presentation from Lucy Baker, Director of Service Delivery, B&NES, Swindon and Wiltshire (BSW) CCGs

The Board received a presentation from Lucy Baker covering the following matters:

- Strategic journey so far.
- The draft Strategy has been co-created with people with lived

experience, their families, carers and supporters along with partners including the third sector and statutory organisations.

- BSW strategic workstreams.
- Draft “THRIVE” conceptual model.
- Current BSW gaps.
- Key strategic actions – a collaborative national bid for £700k has been successful.
- BSW and AWP service reconfiguration

(b) Presentation from Neil Manson, B&NES Senior Commissioning Manager, Mental Health

The Board received a presentation from Neil Manson covering the following matters:

- B&NES mental health local update.
- B&NES mental health update – mental health review.
- Mental health collaborative forum.

(c) Presentation from Margaret Fairbairn, B&NES Child Health Commissioning Project Manager

The Board received a presentation from Margaret Fairbairn giving an annual update of the Children and Adolescent Mental Health Services (CAMHS) Transformation Plan 2015-2020 which covered the following matters:

- Overview – improving mental health services for children and young people (CYP) continues to be a national priority.
- Local CAMHS transformation plans.
- Summary of service developments.
- Impact on national access targets.
- Spend for 2019/2020
- The outcomes of other funding streams for children’s mental health.

The presentation slides were included with the agenda papers for the meeting.

Bruce Laurence congratulated Officers on the work that has been carried out to produce the Strategy. However, he felt that it was important to include details about the causes of poor mental health, ways to prevent this and how to increase resilience.

Lesley Hutchinson stated that intervention is an important part of the Strategy and confirmed that more work will be carried out to address this point before the Strategy is finalised. Lucy Baker also confirmed that the THRIVE programme is focused on prevention but accepted that this could be strengthened.

Cllr Vic Pritchard raised the issue of the 111 service for mental health. He queried the threshold for this service and asked how the public would be made aware of its existence.

Lucy Baker stated that the new 111 service had been launched this month. Anyone

who has concerns about their mental health can ring the service to speak to mental health professionals and clinical advisors who can offer support. She confirmed that there will be a communications campaign to raise awareness of the service. She explained that the service is currently a pilot which can be tweaked as necessary in due course.

Paul Harris welcomed the work that has been carried out to produce the strategy and commended the collaboration with neighbouring local authorities. He stated that trauma was a key issue and hoped to see mention of this in the strategy. He queried the statement that there is no association between poor mental health and neighbourhood deprivation. He noted the increasing number of referrals to the service and asked whether there were plans to reduce caseloads.

Margaret Fairbairn explained that there are challenges due to high numbers on the waiting list and that recruitment of mental health professionals is difficult. Patients are often very complex and there is no quick fix.

Mike Bowden drew attention to the Community Mental Health Services Review, details of which can be found using the following link:

<https://www.bathandnortheast Somersetccg.nhs.uk/get-involved/project/mental-health-services-review>

Dr Ian Orpen noted that there are some uniform themes across the different areas and felt that B&NES is in a good position compared to some other local authorities. He stated that this has raised the profile of mental health issues and pointed out that housing and planning does impact on health and wellbeing.

Will Godfrey stated that it is very positive to see partners working together. He was impressed by the level of service provision. He stated that a great deal of information has been produced but felt that the following matters should also be considered:

- Trends
- Relative performance
- Outcomes should be the focus rather than simply targets.

Cllr Kevin Guy welcomed the different organisations working together. He felt there should be more focus on the causes of poor mental health and on early intervention for children.

Lucy Baker stated that work begins at the pre-conception stage as it is important to invest now for the future. She agreed that more work could be carried out to focus on outcome measures although these are not always easy to identify.

Jo Scammell stated that it is important to identify the impact of specific programmes to ascertain whether these should continue to be funded or whether they should be replaced by new programmes.

Corinne Baker stated that it is important to reflect in the Strategy how staff who are working in the mental health sector are supported.

Cllr Vic Pritchard expressed concern that services could be diluted and stated that it is important to build resilience into communities so that support can be provided for those in greatest need.

Cllr Rob Appleyard highlighted the importance of a smooth transition from child to adult services. Lucy Baker confirmed that work is being carried out to address any difficulties with the transition.

Laurel Penrose stated that the relationship between different organisations has flourished over the years and that she is enthusiastic about the transformation of this service.

Sara Gallagher stated that Bath Spa University has met with key stakeholders and commonality had been identified. She looked forward to working in partnership with other organisations to address mental health issues.

RESOLVED:

- (1) To note the B&NES, Swindon and Wiltshire Mental Health update set out in Appendix 1 of the report.
- (2) To approve the CAMHS Local Transformation Plan set out in Appendices 2 and 3 of the report.

65 **NHS LONG TERM PLAN**

Corinne Edwards, B&NES Chief Operating Officer, gave a presentation regarding the NHS Long Term Plan 2020-2024. The presentation covered the following matters:

- The Long Term Plan aims to;
 - Ensure everyone gets the best start in life.
 - Deliver work-class care for major health problems.
 - Support people to age well.
- NHS funding 2019/20 to 2023/24.
- Key areas of focus.
- Partnership.
- Overview of B&NES, Swindon and Wiltshire (BSW).
- Engaging people in B&NES, Swindon and Wiltshire – including details of the recent campaign and the survey responses.
- Vision – “working together to empower people to lead their best life.”
- Strategic objectives:
 - Improving the health and wellbeing of our population
 - Developing sustainable communities – details of plans regarding ageing well, improving responsiveness of community services, personalised care, primary care networks, reducing emergency pressure on hospitals, learning disabilities and autism.
 - Sustainable secondary care services – Acute Hospital Alliance
 - Transforming care across B&NES, Swindon and Wiltshire
 - Creating strong networks of health and care professionals to deliver

the NHS Long Term Plan and BSW's operational plan – BSW Academy – quality improvement college (virtual) and improvement of leadership culture

- Next steps:
 - Public facing summary version of the plan to be published by the end of January.
 - Development of a year 1 Operational Plan for 2020/21.
 - Mobilise transformational programmes – ageing well, mental health, learning disabilities and autism

Corinne explained that the workforce is the biggest challenge and stressed the importance of supporting staff. Prevention and early intervention are also very important.

Dr Ian Orpen stated that work has been carried out to align the Council and the NHS corporate objectives and that there is a great deal of synergy between the two plans.

Paul Harris felt that the number of different plans is confusing and that it will be important to collaborate as much as possible. He also stressed the importance of trauma and ASD which are both areas of increasing need. He queried whether the plan was too long and whether it could be simplified.

Corinne Edwards acknowledged the challenge of simplifying the document which includes many targets. The aim was to move towards an integrated care system.

Kate Morton stated that the third sector needs to be involved at an early stage. The Board acknowledged the importance of working together.

Will Godfrey queried whether the emerging priorities of the new Government were included within the plan. Corinne explained that the plan is still a work in progress and that the additional funding is still working its way through the system.

Cllr Rob Appleyard noted the challenge of ensuring that everyone has access to the digital platform and the importance of re-educating patients. Corinne explained that it was important to cater for all age groups and to ensure that people can use all the tools available to them to access services in a way that suits their needs.

A copy of the presentation is attached as *Appendix 1* to these minutes.

RESOLVED: To note the update on the NHS Long Term Plan.

66 **COMPASSIONATE COMMUNITIES AND THIRD SECTOR GROUP (3SG) UPDATE**

James Carlin from 3SG gave a presentation regarding compassionate communities which covered the following matters:

- Vision – B&NES is a compassionate community in which people are inspired and supported to look after themselves and each other.
- 35 different organisations have already signed up to the charter.

- A great deal of work has taken place to develop the charter with the aim to inspire and support people to help each other.
- Local agencies will be encouraged to share information to engage with primary care services and to look at unmet need.
- It is important to link in with other organisations to identify what services are available.
- There will be a 3rd sector gathering on Weds 26 February 2020 from 9.30am to 1pm at Komedia, Bath.
- There will also be an event giving an update on the B&NES, Swindon and Wiltshire CCG merger. This will take place on Tuesday 18 February 2020 from 10am to 11.30am at Bath Royal Literary and Scientific Institution, 16-18 Queen's Square, Bath, BA1 2HN.

Paul Harris stated that engagement was key and that dealing with so many different organisations could be challenging.

Mike Bowden agreed to discuss with 3SG the best way for the Council to engage with this project.

Dr Ian Orpen thanked James for the work that has been undertaken on this project and welcomed the opportunity to work together with the 3rd sector.

A copy of the presentation slides is attached as *Appendix 2* to these minutes.

RESOLVED: To note the update on compassionate communities.

67 DATES OF FUTURE MEETINGS

The Board noted that future meeting dates would take place as follows:

Tuesday 17 March 2020
 Tuesday 23 June 2020
 Tuesday 29 September 2020
 Tuesday 24 November 2020

68 CLOSING REMARKS

The Chair thanked everyone for attending the meeting.

It was noted that a report from the Children and Young People Sub-Committee would be brought to the next meeting.

He also informed the Board that Andrea Benham, Senior Strategy Officer, would be leaving the Council to work in a new role. The Board wished Andrea well for the future.

The meeting ended at 12.05 pm

Chair

Date Confirmed and Signed

Prepared by Democratic Services



Our Long Term Plan 2020 – 2024

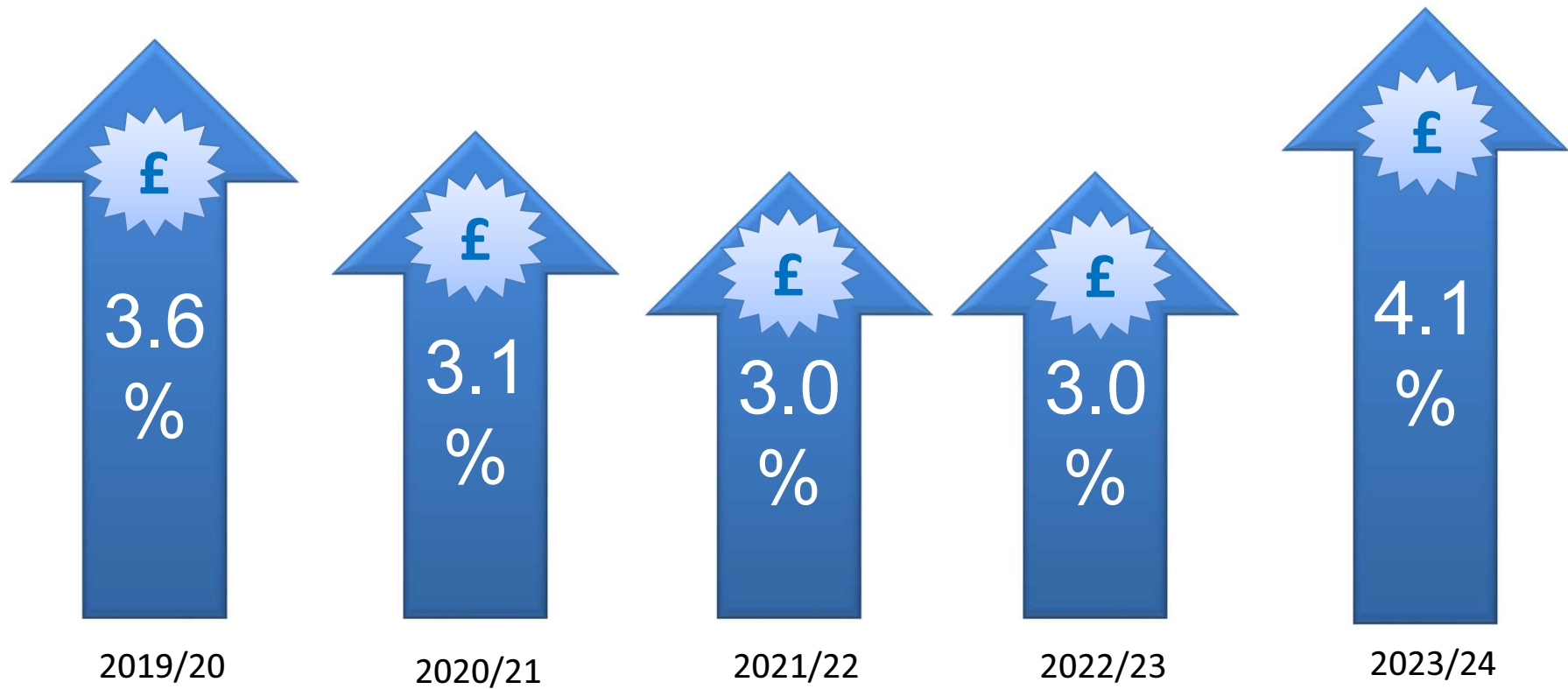
B&NES Health & Wellbeing Board
– 21.01.20

The NHS Long Term Plan

- Making sure everyone gets the best start in life
- Delivering world-class care for major health problems
- Supporting people to age well



NHS funding 2019/20 to 2023/24



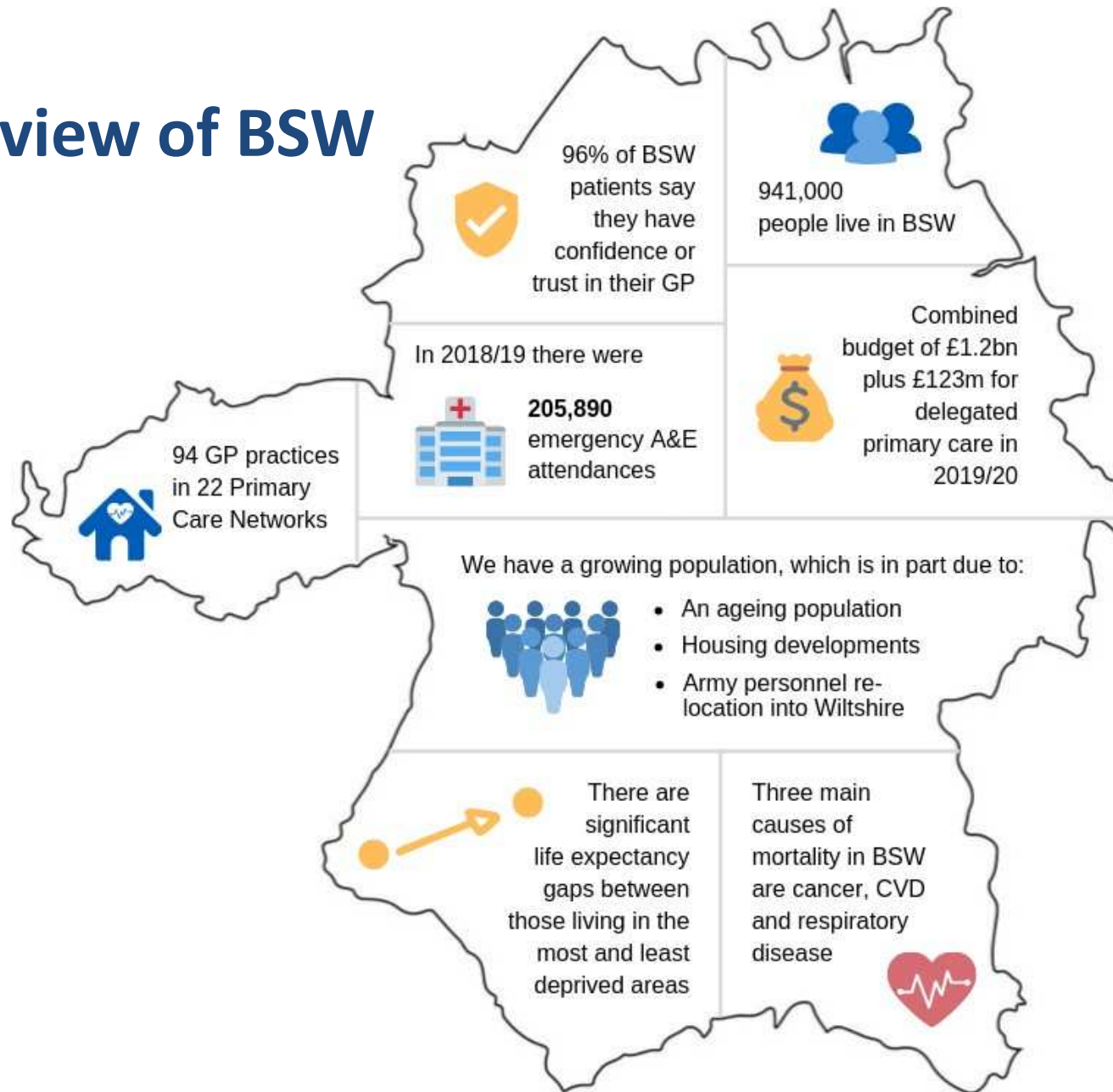
Key areas of focus

- Primary care and community services
- Clinical priorities – e.g. cancer, respiratory
- Making better use of data and digital technology
- Preventing illness & tackling health inequalities
- Backing our workforce
- Doing things differently
- Getting the most out of taxpayers' investment in the NHS

Our partnership



Overview of BSW



Engaging people in BSW

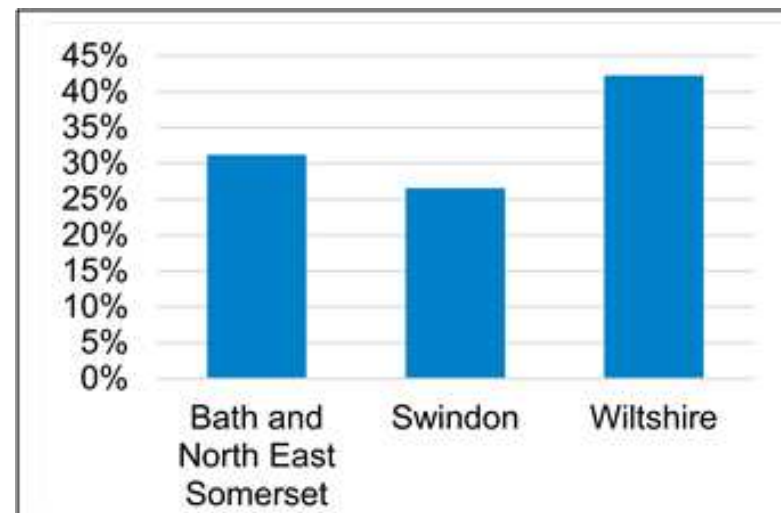
What's the one thing you wish you'd known sooner to help you be as healthy as possible?

What's the one thing that would help you to find and use health and care services more easily?

What's the one thing that would help to make a difference to your health and care in the future?

We did...

- Campaign ran for **7 weeks**
- **1462** responses to the survey
- Engaged with **1062** people face-to-face
- **25** engagement events: market days, local high streets, colleges, universities, homeless shelters, community groups.
- Social media reach:
 - **58,000** Facebook accounts
 - **47,000** impressions on Twitter
 - **33,000** impressions as an Instagram story



Engaging people in BSW

They said...

Top three issues raised in survey responses:

1. Improving access to, and continuity of, primary care services.
2. The role of digital technology/e-health to improve health and care information and services.
3. Perceived impact of lifestyle choices, behaviours and family history on physical and mental health.



Our Vision

“Working together to empower people to lead their best life”

The leaders of our system came together to discuss the way forward for our integrating system. We worked on developing this vision and we how to really deliver on our ambitions. This vision represents the values that we agreed we share and the consensus that we are developing together.

3 components
of our vision



COLLECTIVE VOICE

Working together as
a collaboration and
one whole system



HEALTHY COMMUNITIES

Empowering people
to lead on their own
health with their
families, their
communities and
professionals



STORIES AND STRENGTHS

Holding people's
strengths, stories,
experiences, and
what matters to
them at the heart of
our system

Our strategic objectives



We are committed to our five strategic objectives

	Objective 1: Improving the Health & Wellbeing of our Population
	Objective 2: Developing Sustainable Communities
	Objective 3: Sustainable Secondary Care Services
	Objective 4: Transforming Care across BSW
	Objective 5: Creating strong Networks of health and care professionals to deliver the NHS Long Term Plan and BSW's operational plan



Early action:

- Promote a Health in All Policies approach
- Behaviour change training
- Address the links between alcohol and mental health
- Build on the Smokefree NHS BSW STP initiative
- Embed healthy lifestyles into workplace settings
- Aim to increase employment and retention opportunities
- Share good practice around falls prevention
- Identify place-based approaches to social prescribing
- Raise awareness amongst clinical staff of the importance of patients returning to work



What we plan to do:

Ageing Well

- Implement a community strengths based approach
- Emphasis on both physical and mental health
- Improve arrangements for identifying carers and provide support

Improving responsiveness of community services:

- Invest in 2- hour community response services and access to reablement within 2 days
- Developing community services alongside PCNs, providing support into care homes



Personalised Care

- Involve people in their own care and sharing decision making
- Social prescribing through existing schemes and the PCN link workers as well as high intensity user health coaches
- Use digital tools such as social media and the NHS App

Primary Care Networks

- Support PCN development in line with their identified needs
- Develop the workforce offer which supports the recruitment and retention of a committed and enthusiastic workforce within primary care



What we plan to do:

Urgent Care – reducing emergency pressure on hospitals:

- Develop integrated care centres in Wiltshire with new builds in Trowbridge and Devizes
- Develop community 2 hour crisis response services and consistent falls pick up services across the geography during 2020/21
- Develop our frailty model
- Improve access to mental health crisis services
- Expand utilisation of Integrated Urgent Care Service
- Improve the estate at GWH with an expanded Emergency Department
- Digital offering



What we plan to do:

Learning Disabilities and Autism

- Focus on children and adults
- Take a lifespan and whole systems approach to people's the health and social care needs, including those with a mental health condition
- Ensure appropriate and timely processes are available to support young people to transition to adult services
- Offer more choice and control, with greater support & independence, within local communities
- Reduce out of area placements



Objective 2: Developing Sustainable Communities



- Fully comply with the Children's Act 2014 and ensure that education, health and social care services work together to improve support for children and young people with special educational needs or a disability
- Ensure the support and capacity is there to not only support people who live with a disability or autism independently but to have the capacity to work together with partners
- Focus on the workforce to increase the number of people wanting to train in LD nursing
- Have an improved pathway in place to reduce preventable crisis
- Co-creation of ASD post diagnosis pathways
- Improve safeguarding, quality and person experience



What we plan to do:

Acute Hospitals Alliance – 3 BSW acute trusts working together to:

- Create a working environment that explicitly provides permission, encouragement and support to enable our specialty clinical teams to think together and design clinical working arrangements across BSW
- Optimise acute elective care, through improved standardisation of pathways, supported by theatre transformation programmes
- Address variation of service provision and unwarranted clinical variation through peer review of national data across the 3 sites
- Provide mutual aid in specialties with staffing challenges including gastroenterology, oral maxillofacial and endocrinology
- Explore technology that could be used to reduce impact of geography in a range of specialties



What we plan to do:

Mental Health

- Introduction of new single point of access for out of hours for mental health via 111
- Roll out of crisis cafes / places of calm across BSW
- Full public consultation around future AWP bed base options for adults
- Developing the workforce – pilots of peer support workers in place
- Co-creation of personality disorder pathway
- Review of routine referral pathways to improve experience and streamline process
- Review of health based place of safety (HBPoS) provision across BSW
- Review of models to support improved delivery of physical health checks for people with severe mental illness



Objective 5: Creating strong Networks of health and care professionals to deliver the NHS Long Term Plan and BSW's operational plan



Overview: A key feature of our new approach will be the establishment of a BSW wide Academy. The Academy is intended to encourage and cultivate leaders in our health and care system, create a network of innovative, empowered and influential leaders and work across traditional organisational boundaries enabling our people to make changes which have a positive impact for our local populations and constituent organisations.

What we plan to do: BSW Academy – Quality Improvement College (virtual)

- Provide a central resource for specialist skills to support our major change programmes (e.g. change agents, process engineers, analytics)
- Deliver a range of development programmes:
 - Foundation: to support teams wishing to deliver a local change project
 - Intermediate: to develop change agents who will work on our priority projects and transformation programmes
 - Advanced: to develop champions and leaders for change and innovation across the system.





Objective 5: Creating strong Networks of health and care professionals to deliver the NHS Long Term Plan and BSW's operational plan



What we plan to do: Improve Leadership Culture

- Develop a whole system organisational development strategy and implementation plan.
- The plan will have a place-based approach with three integrated care alliances, built on the creation and development of PCNs.
- An external source of support was commissioned to provide a diagnostic assessment of the system.
- The subsequent phases of co-design of the strategy and implementation plan and mobilisation will be driven over the next few months, with specific milestones to be confirmed.



Next steps

- Public facing summary version published by end January
- Development of a year 1 Operational Plan for 2020/21
- Mobilise Transformational Programmes
 - Ageing well
 - Mental health
 - Learning Disabilities & Autism



Questions/Discussion





VISION

Bath & North East Somerset (B&NES) is a Compassionate Community in which people are inspired and supported to look after themselves and each other.

MISSION STATEMENT

Our ambition is to nurture a grassroots social movement which recognises there are people and organisations supporting each other, who care, are available and can step in as and when needed, with actual or virtual support. We will do this by sharing a common brand that can amplify the existing skills and resources of the Council, education providers, healthcare, 3rd sector, faith community, businesses, residents and volunteers.

WHY US?

We are people who live, volunteer or work in B&NES that are passionate about creating a more compassionate society that empowers people to look after each other and their communities. We aim to raise the profile of the thousands of professionals and volunteers who already work tirelessly to enrich our area and support those who need it most.

OBJECTIVE

Our primary objective is to share the Compassionate Community brand to help promote existing services. This will enable people in need to easily access local support and as a result of our work more people will get the help they need and residents, students and businesses will be motivated to take action.

This will make B&NES a more sustainable, compassionate and healthy place and give individuals the confidence to take positive action when it's needed. As signatories we commit to sharing Compassionate Community resources and working in partnership to ensure there are no barriers to entry for anyone that wants to join our movement.

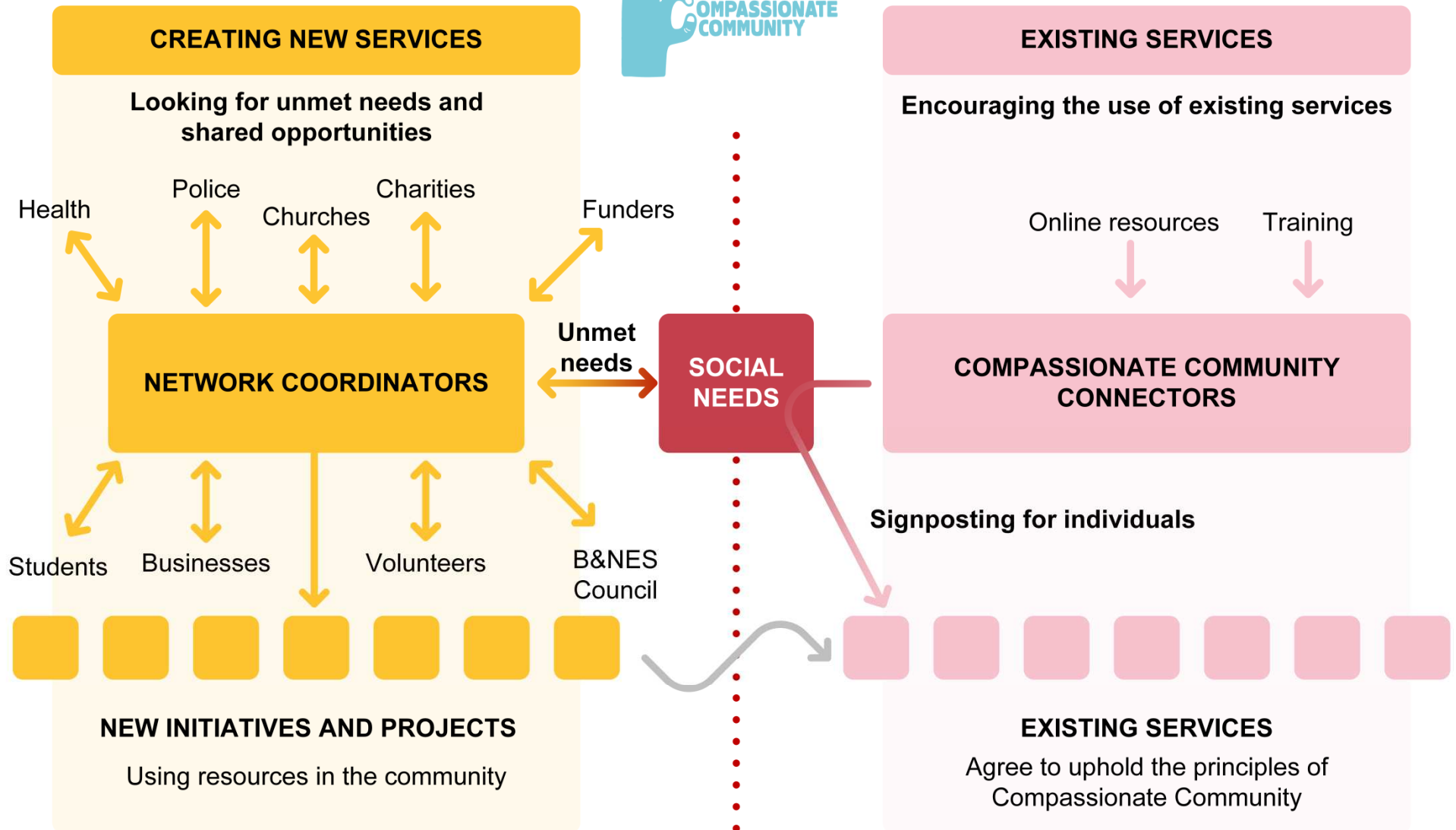
I AGREE TO UPHOLD THE PRINCIPLES OF COMPASSIONATE COMMUNITY

Signed:

Organisation name:

Find out more: <https://www.3sg.org.uk/>







B&NES 3rd Sector Group

3rd Sector Gathering 2020

Wednesday 26th February 2020 (9.30 am - 1 pm)

Komedia Bath

3sg.org.uk/events





Update on the Banes Swindon and Wiltshire CCG Merger

Join us on 18th February to find out more about the merger of the Banes, Swindon and Wiltshire Clinical Commissioning Group (BSW CCG) with Nicki Millin, Director of Strategy and Transformation at the BSW CCG.

Topics covered on the morning will include:

- Update on the CCG merger.
- Overview of five- year plan and priorities
- Banes Primary Care Networks - the opportunities
- Opportunities for collaboration

Followed by time for a Q&A

FREE

Single Admission

[GET TICKETS](#)

Starts Tue 18th Feb 2020 10:00am

Ends Tue 18th Feb 2020 11:30am

Location

Bath Royal Literary and Scientific Institution

16-18 Queen Square

Bath

BA1 2HN

GB

